

The content in this preview is based on the last saved version of your email - any changes made to your email that have not been saved will not be shown in this preview.



OTC Update

December 21, 2010

Effective January 1, 2011, over-the-counter ("OTC") Medicines or drugs will no longer be eligible under your Flexible Spending Account ("FSA") or Health Reimbursement Arrangement ("HRA") **unless you have a prescription** from a licensed health care professional. OTC medicines or drugs include items such as aspirin, antacids, and allergy medicine. The only exception is for insulin, which can still be purchased without a prescription.

The IRS ruling does not affect eligible medical expenses that are not considered OTC medicines or drugs, such as band-aids and gauze. For a sample list of eligible items please visit our website at http://www.benstrat.com/forms_resources.html#flex

When filing a claim for eligible OTC medicines or drugs that includes a prescription, please submit **all** of the following items:

- A fully completed claim form which can be found under forms and resources on our website at http://www.benstrat.com/forms_resources.html#flex
- A receipt indicating the name of the item purchased (receipt cannot be dated prior to the date on the prescription)
- A copy of the product label or package (only if the receipt does not clearly show the product/prescription name)
- A doctor's prescription for the recommended OTC item. The doctor's prescription must include **all** of the following items:
 - The doctors full name, address, telephone number and license and/or DEA number
 - Patient's full name

- The date of the prescription
- The name of the OTC item
- The dose amount (potency) and dosage form (pill, liquid, etc.)
- The doctor's signature

DEA # JD000000	LIC # NH 000000
John R. Doe, M.D. Manchester Medical Office 123 Fake Street Anyplace, NH 01234 Tel: (603) 123-4567 Fax: (603) 123-4567	
Name _____	Age _____
Address _____	Date _____
R_x	
_____ Signature	
<input type="checkbox"/> Refill 0 1 2 3 4 5 PRN	

Please note that Benefit Strategies will be closed on Friday, December 24th for the Christmas holiday.

The Dunlap Building | 967 Elm Street | PO Box 1300
1(888) 401-3539
Web: www.benstrat.com

PLEASE DO NOT REPLY TO THIS EMAIL

 **SafeUnsubscribe®**

This email was sent to asmith@benstrat.com by flexdept@benstrat.com.
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



Benefit Strategies | 967 Elm Street | Manchester | NH | 03101